



ISMM
International Society
for Mountain Medicine



UIAA

PROGRAMME

MONDAY

XIV WORLD CONGRESS
ON MOUNTAIN MEDICINE

Time	Session - Sunday	Venue
SUN 17:00 - 19:00	WELCOME RECEPTION, REGISTRATION & SWIM	Hathersage Pool
MONDAY Session - Day 1		
08:30 - 09:00	KEYNOTE ADDRESS Prof Mike Grocott Extreme Altitude: Learning from edge-case physiology Chair: Sundeep Dhillon	Congress Marquee
09:00 - 11:00	PLENARY SESSION 1: WOMEN IN THE MOUNTAINS Chair: Peter Paal Session Speakers: Adele Pennington - Battling Against The "Elements" As A Female Mountaineer Lenka Horakova - High Altitude Health in Women - From methodological principles to hormonal control Linda Keyes - Women in the Mountains: Myth Busters! Volker Schöffl - Relative Energy Deficiency in Sport (REDS) and Mountain Medicine	Congress Marquee
11:00 - 11:30	BREAK (30mins) Please allow yourself enough time to grab a refreshment and make your way to your next session	
11:30 - 13:15 PARALLEL WORKSHOP SESSIONS	DENTAL EMERGENCY * "The ultimate "hands on" experience - using a range of practical resources Burj will guide you through just what you need to handle dental emergencies in the mountains. Burj's courses have the best feedback in the business. Don't miss out!" Run by Burj Langdana 	Stannage Room
	HEALTHY HIKES * Route: Stannage Edge & Carrhead Rocks Healthy Hike Distance: 6.5km "Positive Steps Outdoors is an award winning social enterprise initiative from Northern Ireland that combines professional mountain leadership with mindfulness and coaching to help people reconnect with nature, improve their mental health and build stronger connections with others. Join Alan and Caroline for an insight into how mountains can be medicine..." Run by Alan Elwood and Caroline Hart	Memorial Hall

* Indicates workshops that will be repeated



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11:30 - 13:15
PARALLEL WORKSHOP SESSIONS

TRAINING FOR HYPOXIA *

“Join The Altitude Centre to find out how pre-acclimatisation methods are not only helping set new records on the world’s highest peaks but are also improving safety and success for anyone heading to altitude...”

Run by James Barber and Dr Patrycja Jonetzko

Methodist Church

ULTRASOUND IN THE MOUNTAINS *



“Ultrasound is seeing increasing use out in the elements. Join the experts for a “hands on’ session that will guide you through the basics and show you the potential applications it has on the mountainside.”

Run by Remote Area Risk International with Dr Virad Kisan, Dr Kat Ganly and Matthew Davies

**Methodist Church
Room**

CLIMBING INJURIES *



“When it comes to managing climbing injuries, Volker Schöffl and Andy Schweitzer are up there with the best. Join them to hear about the many injuries climbers can encounter and how they can be helped back onto the rock. Not to be missed!”

This will be a hands-on workshop. During this session we’ll be focusing upon injury statistics and severity, the theory of taping and splinting as well as the clinical examination of the hand and the use of ultrasound.

Run by Tim Halsey, with Volker Schöffl and Andy Schweitzer.

The Bell Room

OUT ON THE HILL *

“This is as practical and “hands on” as it gets! Join experts from around world to learn about the latest medical equipment that is being used in the mountains. Come dressed for all conditions – the day will include scenarios on one of the Peak District’s most iconic summits - Stannage Plantation!”



Run by Tim Sanders and Nick Wright with Owen Samuel, Steve Rowe, John Ellerton and Alistair Morris

Meeting Point: Oddfellows Road car park (across from Hathersage pool)

**Stannage Edge
Plantation**

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PARALLEL WORKSHOP SESSIONS

BMMS PRESENTS: MOUNTAIN VOICES....

“Do you have something that you’d like to share with a mountain medicine audience? If so, this is for you. Sign up for a 15 minute session, and talk about whatever’s on your mind. It could be your latest research, a lesson learnt from a challenging day in the hills or just a piece of advice that you’d just like to share. Whatever it is, there will be an enthusiastic audience who’d like to hear from you. Make sure you save enough time in your 15 minutes for questions!”

Lawrence Hall

WOMEN IN THE MOUNTAINS

“Following on from the “Women in the Mountains” plenary session, join Tash Brook to talk through the challenges faced by women in the mountains and hear from those who’ve pushed through...”



Tash Brooks with Adele Pennington, Ronnie Legg & Helen Jefferies

Bank House

BMMS PRESENTS: LESSONS FROM THE EXTREMES....

“In the mountains we are constantly pushing ourselves to the limits. Safety can be compromised. Success can slip through our fingers. But how can we be safer and more successful in this environment? Hear from everyone with skin in the game - not just health care providers but also mountain athletes, coaches and equipment manufacturers. Get inspired to explore your own limits!

“At The Very Extremes...”

A fascinating trio to kick off “Lessons From The Extremes” - Wes Cole, will share how he raced for no fewer than 151 hours on this year’s Montane Spine Race, Monica Piris on how she accumulated more than a year of experience treating injuries and illness above 5000m and Rob Greenwood, director of the world’s leading climbing website - ukclimbing.com - will describe his organisation’s ground breaking efforts to improve safety and success in the mountains.

Session Speakers:

Wes Cole - The Spine Race - 268 Miles Of Endurance

Rob Greenwood - The Evolution Of Climbing Guidebooks

Monica Piris - "Nostalgia Is Not A Strategy - The Challenging Face Of Himalayan Climbing And How Mountain Medicine Can Respond"

Moderator: Jeremy Windsor

Congress Marquee

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Time	Session - Day 1	Venue
13:15 - 13:45	<p>LUNCH BREAK</p> <p>A grab bag lunch is to be collected from the Memorial Hall</p>	Memorial Hall
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">13:45 - 15:30</p> <p style="writing-mode: vertical-rl; transform: rotate(180deg);">PARALLEL WORKSHOP SESSIONS</p>	<p>FACIAL TRAUMA *</p> <p>“Moving beyond dental trauma, Burj turns his attention to managing injuries to the face. Expect the best in hands-on practical teaching. Highly recommended!”</p>  <p>Run by Burj Langdana with Tim Halsey</p>	Stange Room
	<p>HEALTHY HIKES *</p> <p>Route: Rough Wood & Grindleford Forest Healthy Hike Distance: 6km</p> <p>“Positive Steps Outdoors is an award winning social enterprise initiative from Northern Ireland that combines professional mountain leadership with mindfulness and coaching to help people reconnect with nature, improve their mental health and build stronger connections with others. Join Alan and Caroline for an insight into how mountains can be medicine...”</p> <p>Run by Alan Elwood and Caroline Hart</p>	Memorial Hall
	<p>TRAINING FOR HYPOXIA *</p> <p>“Join The Altitude Centre to find out how pre-acclimatisation methods are not only helping set new records on the world’s highest peaks but are also improving safety and success for anyone heading to altitude...”</p> <p>Run by James Barber and Dr Patrycja Jonetzko</p>	Methodist Church
	<p>ULTRASOUND IN THE MOUNTAINS *</p>  <p>“Ultrasound is being increasingly in the outdoors. Join the experts for a “hands on’ session that will guide you through the basics and show you the potential applications it has on the mountainside.”</p> <p>Run by Remote Area Risk International with Dr Virad Kisan, Dr Kat Ganly and Matthew Davies</p>	Methodist Church Room

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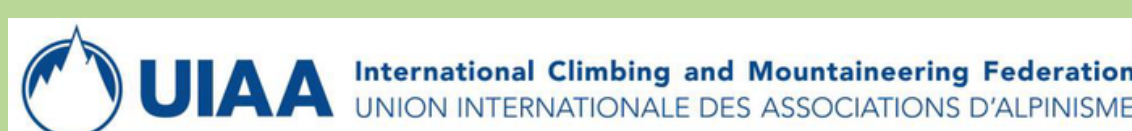
Venue

13:45 - 15:30
PARALLEL WORKSHOP SESSIONS

THE UIAA SAFETY LABEL - WHAT DOES IT MEAN? SHOULD IT INFLUENCE WHAT I BUY?

It's been more than 60 years since the UIAA safety label was launched. In that time, countless items of climbing and mountaineering equipment have been tested to destruction. But what does it mean? What tests are done? How rigorous are they? Get a hands on view of the efforts undertaken to make our gear what it is today!

Run by Nick Galpin



The Bell Room

OUT ON THE HILL *

“This is as practical and “hands on” as it gets! Join experts from around world to learn about the latest medical equipment that is being used in the mountains. Come dressed for all conditions – the day will include scenarios on one of the Peak District’s most iconic summits - Stange Plantation”

Run by Tim Sanders and Nick Wright with Owen Samuel, Steve Rowe, John Ellerton and Alastair Morris

Meeting Point: Oddfellows Road car park (across from Hathersage pool)



**Stange Edge
Plantation**

BMMS PRESENTS: MOUNTAIN VOICES.... *

“Do you have something that you’d like to share with a mountain medicine audience? If so, this is for you. Sign up for a 15 minute session, and talk about whatever’s on your mind. It could be your latest research, a lesson learnt from a challenging day in the hills or just a piece of advice that you’d just like to share. Whatever it is, there will be an enthusiastic audience who’d like to hear from you. Make sure you save enough time in your 15 minutes for questions!”

Lawrence Hall

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PARALLEL WORKSHOP SESSIONS

BMMS PRESENTS: LESSONS FROM THE EXTREMES...

“In the mountains we are constantly pushing ourselves to the limits. Safety can be compromised. Success can slip through our fingers. But how can we be safer and more successful in this environment?

Hear from everyone with skin in the game – not just health care providers but also mountain athletes, coaches and equipment manufacturers. Get inspired to explore your own limits!

“Nepal And Beyond...”

If you want to learn about Nepal - it’s people, medicine and research - then this is the session for you!

Session Speakers:

Buddha Basnyat – “The History Of The Himalayan Rescue Association – The Business Of Saving Lives...”

Mike Grocott – “Everest And The Base Camp Trek – The World’s Highest Research Laboratory”

Santosh Baniya – “Developing Dedicated Mountain Medicine Service For Nepal’s Pilgrims, Porters and Domestic Tourists: A Pilot Project”

Moderator: Monica Piris



Supported by;

Congress Marquee

SEARCH DOGS

“What role can dogs play in finding missing people in the mountains? How do they do it? How are these important animals looked after? Join volunteers from Mountain Rescue Search Dogs England on a walk in the Peak District to find out more!”

The Cricket Pavillion

CLINICIAN’S CORNER: “DIABETES MELLITUS IN THE MOUNTAINS...”

“Drawing from his highly popular “Clinician Corner” articles in High Altitude Medicine and Biology, Andy Luks brings together health care providers and patients to talk about how to manage diabetes in the mountains. If you’re looking for practical, evidence-based advice on managing chronic medical problems in the mountains look no further than this!”

By Andy Luks and David Hillebrandt

Bank House

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Time	Session - Day 1	Venue
14:30 - 15:30	<p>MOUNTAIN AS MEDICINE - FILM SHOWING *</p> <p>“In collaboration with the Sheffield Adventure Film Festival (SHAFF), a curated series of films that highlight how the outdoor environment can be harnessed to help recovery from a range of physical and psychological problems.</p> <p>This will be a relaxed session. Booking not required</p>	Upstairs at Open House
15:30 - 16:00	<p>BREAK (30mins)</p> <p>Please allow yourself enough time to grab a refreshment and make your way to your next session</p>	Memorial Hall
16:00 - 18:00	<p><u>PLENARY SESSION 2: THE WARMING MOUNTAINS</u></p> <p>Chair: Steve Roy</p> <p>Session Speakers:</p> <p>Nick Galpin - Warming Mountains: Climate Change And The Effects On Gear, Bolts And Mountain Safety</p> <p>Mylène Jacquemart - Impact Of Climate Change On Rock And Ice Hazard</p> <p>Anne-Aylin Sigg - Does Climate Change Influence Mountain Medicine?</p> <p>Jo Bradwell and Mark Edsell - Birmingham Medical Research Expeditionary Society’s Carbon Offsets In A Warming World</p>	Congress Marquee
18:30 - 22:30	<p>CURRY BUFFET</p> <p>1hr bookable time slots; 18:30-19:30 / 19:30-20:30 / 20:30-21:30 / 21:30-22:30</p>	Sanghams Balti House
20:00 - 23:00	<p>DIPLOMA EVENING</p> <p>An opportunity for Mountain Medicine Diploma (DiMM) students past, present and prospective to network and mingle.</p> <p>All international UIAA/ICAR/ISMM diploma of Mountain Medicine holders are welcome.</p>	The George



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TUESDAY

XIV WORLD CONGRESS
ON MOUNTAIN MEDICINE

Time	Session - Day 2	Venue
08:30 - 10:30	<p>PLENARY SESSION 3: CHILDREN IN THE MOUNTAINS</p> <p>Chair: Benoit Champigneulle</p> <p>Session Speakers Susi Kriemler - Why Do We Need Children's Recommendations? Matthias Hilty - High Altitude Illness In Children Deborah Miller - Environmental factors affecting Children At High Altitude Andreas Schweizer - Climbing Training And Growth Plate Issues</p>	Congress Marquee
10:30 - 11:00	<p>BREAK (30mins) Please allow yourself enough time to grab a refreshment and make your way to your next session</p>	Memorial Hall
11:00 - 13:00 PARALLEL WORKSHOP SESSIONS	<p>DENTAL EMERGENCY *</p> <p>Run by Burj Langdana</p> 	Stange Room
	<p>HEALTHY HIKES * Route: Stange Edge & Carrhead Rocks Healthy Hike Distance: 6.5km Run by Alan Elwood and Caroline Hart</p>	Memorial Hall
	<p>TRAINING FOR HYPOXIA *</p> <p>Run by James Barber and Dr Patrycja Jonetzko</p>	Methodist Church
	<p>ULTRASOUND IN THE MOUNTAINS *</p>  <p>Run by Remote Area Risk International with Dr Virad Kisan, Dr Kat Ganly and Matthew Davies</p>	Methodist Church Room
	<p>CLIMBING INJURIES *</p>  <p>Run by UIAA; Tim Halsey with Volker Schöffl and Andreas Schweizer</p>	The Bell Room
	<p>OUT ON THE HILL * Run by Tim Sanders and Nick Wright with Owen Samuel, Steve Rowe, and Alistair Morris Meeting Point: Oddfellows Road car park (across from Hathersage pool)</p> 	Stange Edge Plantation
	<p>BMMS PRESENTS: MOUNTAIN VOICES.... *</p>	Lawrence Hall

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11:00 - 13:00 PARALLEL WORKSHOP SESSIONS	<p>MOUNTAIN LITERATURE</p> <p>This workshop is being held in a village at the centre of traditional British Gritstone Climbing. There is a great tradition of mountain literature and many of the authors have been doctors with an interest in altitude physiology. We hope to share these traditions in a group discussion with a panel of active climbers who are involved in mountain literature as authors, medical historians, publishers, book sellers including the 2025 Boardman Tasker award winner. We are hoping that audience members will share sections of mountain related books that have inspired their medicine and/or their climbing.</p> <p>Run by David Hillebrandt and joined by Chris Harle, Iain Peters, Jon Barton and George Rodway</p>	Bank House
	<p>BMMS PRESENTS: LESSONS FROM THE EXTREMES * “Help From All Sides...”</p> <p>Health care providers move aside! Mountaineers, clothing manufacturers and guidebook writers all know what it takes to be safe and successful in the mountains. In this session we’ll hear from three of the best...</p> <p>Speakers: Mick Fowler - Top Ten Tips for Alpine Style Himalayan Success - Ronnie Legg - Can clothing save lives in the mountains? Lina Arthur - Doing it 'By the Book'? The role of guidebooks in mountain success Moderator: Sundeep Dhillon</p> <p>Supported by:</p> 	Congress Marquee
	<p>ICAR MEDCOM PRESENTS: RESCUE AT VERY HIGH ALTITUDE...</p> <p>One day there’s a hero carrying a stricken climber down from the ‘death zone’, the next there’s a villain going to the summit and passing another climber in need. Explore the moral and physical challenges with two rescuers from Mounts Denali and Logan. Can ICAR's language of risk management replace the emotive language of moral values?</p> <p>Run by John Ellerton with Jen Dow</p>	Little John
13:00 - 13:30	<p>LUNCH BREAK</p> <p>A grab bag lunch is to be collected from the Memorial Hall</p>	Memorial Hall

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PARALLEL WORKSHOP SESSIONS

FACIAL TRAUMA *

Run by Burj Langdana with Tim Halsey



Stanage Room

HEALTHY HIKES *

Rough Wood & Grindleford Forest Healthy Hike
Distance: 6km

Run by Alan Elwood and Caroline Hart

Memorial Hall

TRAINING FOR HYPOXIA *

Run by James Barber and Dr Patrycja Jonetzko

Methodist Church

ULTRASOUND IN THE MOUNTAINS *



Run by Remote Area Risk International with Dr Virad Kisan, Dr Kat Ganly and Matthew Davies

**Methodist Church
Room**

MOUNTAIN MEDICINE AROUND THE WORLD: ARGENTINA'S EXPERIENCE

At 6961m, Aconcagua is the tallest mountain in South America. As a result it attracts many hundreds of climbers each year. Working in collaboration with the Provincial authorities, local guides and health care providers have gone to great lengths to improve safety and success on the mountain. Hear the inside story from the experts who work there....

Run by Urs Hefti with Mijel Lotfi and Juan Manuel Funk



The Bell Room

OUT ON THE HILL *

Run by Tim Sanders and Nick Wright with Owen Samuel and Alistair Morris

Meeting Point: Oddfellows Road car park (across from Hathersage pool)



**Stanage Edge
Plantation**

BMMS PRESENTS: MOUNTAIN VOICES.... *

Lawrence Hall

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13:30 - 15:30 PARALLEL WORKSHOP SESSIONS	<p>BMMS PRESENTS: LESSONS FROM THE EXTREMES.... “The Rescuers...” Three rescuers with stories to tell from the UK, Kyrgyzstan and ... Antarctica!</p> <p>Session Speakers: Sammy Dickson - “Managing Life-threatening Conditions In Extreme Environments As A Nurse” Steve Rowe - “Lessons From The Extremes - Experience, Error And Evolution” Sarah Wysling - “Providing Medical Care Across A Continent” Moderator: Monica Piris</p>	Congress Marquee
	<p>CLINICIAN’S CORNER: “ORGAN TRANSPLANT RECIPIENTS IN THE MOUNTAINS”</p> <p>Drawing from his highly popular “Clinician Corner” articles in High Altitude Medicine and Biology, Andy Luks brings together health care providers and patients to talk about how to manage organ transplant recipients in the mountains. If you’re looking for practical, evidence-based advice on managing chronic medical problems in the mountains look no further than this!” By Andy Luks with Helen Jefferies, Tash Brook and Joe Higgins</p>	Bank House
	<p>DRONES AND MOUNTAIN RESCUE</p> <p>The use of drone technology is rapidly transforming the way mountain rescue is being undertaken in the UK. Join Brendan O'Neill and members of the Derby Mountain Rescue Team to hear about this new work and see the drones in action! With Brendan O'Neill and Renee Farrar</p>	Cricket Pavilion
14:30 - 15:30	<p>MOUNTAINS AS MEDICINE - FILM SHOWING *</p> <p>This will be a relaxed session. Booking not required</p>	Upstairs at Open House
15:30 - 16:00	<p>BREAK (30mins) Please allow yourself enough time to grab a refreshment and make your way to your next session</p>	Memorial Hall
16:00 - 18:00	<p><u>PLENARY SESSION 4: THE BEST OF CONGRESS</u></p> <p>Chairs: Gerald Dubowitz Debbie Miller Representatives from ISMM and BMMS</p>	Congress Marquee
19:30 - 22:00	CONGRESS DINNER	Hathersage Memorial Hall

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WEDNESDAY

XIV WORLD CONGRESS
ON MOUNTAIN MEDICINE

Time	Session - Day 3	Venue
08:30 - 10:30	<p>PLENARY SESSION: INTERNATIONAL HYPOTHERMIA DAY</p> <p>Chairs: Beat Walpoth and John Ellerton</p> <p>Session Speakers:</p> <p>Beat Walpoth - Defibrillation of arrested hypothermic patients - an International Hypothermia Registry study</p> <p>Evelien Cools - New Hypothermia Extracorporeal Life Support Organisation (ELSO) Guidelines</p> <p>Peter Paal - Which Scoring System For Which Hypothermia Patient?</p> <p>Konrad Mendrala - Hypothermia Outcome Prediction After Extracorporeal Life Support (HELP) Score</p> <p>Mathieu Pasquier - Hypothermia Mimics and Chameleons</p> <p>Les Gordon - Non-ECLS rewarming of hypothermic patients</p> <p>Ken Zafren - Myths In Hypothermia</p> <p>Luigi Festi- Drowning Hypothermia</p>	Congress Marquee
10:30 - 11:00	<p>BREAK (30mins)</p> <p>Please allow yourself enough time to grab a refreshment and make your way to your next session</p>	Memorial Hall
11:00 - 13:00 PARALLEL WORKSHOP SESSIONS	<p>DENTAL EMERGENCY *</p> <p>Run by Burj Langdana with Tim Halsey</p>	Stange Room
	<p>ECMO*</p> <p>We're delighted to announce that Giordano Paiella and Naomi Dodds will be joining us on the International Hypothermia Day. They'll be demonstrating Getinge's CardioHelp ECMO device in a series of 1 hour workshops that will be running throughout the parallel sessions. Sign up for a space on the day and get your hands on the kit that's changing the way we treat hypothermic cardiac arrest...</p> <p>This a 1hr session. Sessions will run at 11am-12pm and 12-1pm. If you have not already signed up to this you will be able to sign up on the day (subject to space).</p> <p>By Naomi Dodds with Giordano Paiella</p>	Little John



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11:00 - 13:00 PARALLEL WORKSHOP SESSIONS	<p>OUT ON THE HILL * Run by Tim Sanders and Nick Wright with Owen Samuel, Steve Rowe, John Ellerton and Alistair Morris Meeting Point: Oddfellows Road car park (across from Hathersage pool)</p> 	Stannage Edge Plantation
	<p>AVALANCHE AND HYPOTHERMIA</p> <p>Hear from an international panel about how we should manage avalanche victims - from the mountainside to the medical ward Chaired by: Hermann Brugger, Natalie Holzl and Beat Walpoth</p> <p>Speakers: Peter Paal - 2025 ERC special circumstances guidelines - update on Accidental Hypothermia and Avalanche Rescue Les Gordon - Special groups in accidental hypothermia Ane Marthe Helland - Innovative studies on active external rewarming in pre-hospital settings Giacomo Strapazzon - Advancements in avalanche survival prolongation Sven Christian Skaiaa - Neurologically intact survival from hypothermic OHCA after >12 hours of combined rescue, CPR and ECPR Jamie MacDonald and Beat Walpoth - Usability of vital signs and temperature monitoring in hypothermic arrest and in the fields Natalie Holzl and Sigurd Mydske - Hypothermia prevention over a long period: Cave hypothermia Marc Blancher - Heated Breastplate Vs safety blanket for accidental hypothermia prevention in severely injured trauma patient. A randomized / controlled - multi-centered study in pre-hospital setting and mountains rescue</p>	Congress Marquee
	<p>HEALTHY HIKES * Route: Stannage Edge & Carrhead Rocks Healthy Hike Distance: 6.5km Run by Alan Elwood and Caroline Hart</p>	Memorial Hall
13:00 - 13:30	<p>LUNCH BREAK A grab bag lunch is to be collected from the Memorial Hall</p>	Memorial Hall
13:30 - 15:30 PARALLEL WORKSHOP SESSIONS	<p>HEALTHY HIKES *</p> <p>Route: Rough Wood & Grindleford Forest Healthy Hike Distance: 6km</p> <p>Run by Alan Elwood and Caroline Hart</p>	Memorial Hall

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PARALLEL WORKSHOP SESSIONS**

OUT ON THE HILL *

Run by Tim Sanders and Nick Wright with Owen Samuel, Steve Rowe, John Ellerton and Alistair Morris

Meeting Point: Oddfellows Road car park (across from Hathersage pool)



**Stanage Edge
Plantation**

FROSTBITE - THE FIRST 72 HOURS

Join Chris Imray and his team to talk about the first steps in the management of frost bite. From making the diagnosis and evacuation, to inpatient investigations and treatment. You'll come away with the knowledge of how to deliver the very best of care...

Speakers:

Sarah Wysling - Initial Remote Management Of Frostbite - The Antarctic Experience

Tim Halsey - In Field Clinical Assessment Of Frostbitten Hands and Feet

Ben Cooper - Practical Frostbite Field Nursing Care

Jamie Pattison - Practical Tips On Transferring The Frostbitten And Hypothermic Patient

Dr. Marie-Anne Magnan - The Geneva Hyperbaric Chamber

Alex Poole - The practicalities of delivering iloprost in the field

Moderated by: Sarah Hollis and Ken Zafren

Congress Marquee

ECMO*

We're delighted to announce that Giordano Paiella and Naomi Dodds will be joining us on the International Hypothermia Day. They'll be demonstrating Getinge's CardioHelp ECMO device in a series of 1 hour workshops that will be running throughout the parallel sessions. Sign up for a space on the day and get your hands on the kit that's changing the way we treat hypothermic cardiac arrest...

This a 1hr session. Sessions will run at 1:30-2:30pm and 2:30-3:30pm. If you have not already signed up to this you will be able to sign up on the day (subject to space).

By Naomi Dodds with Giordano Paiella

Little John

Mountain Safety: Where Medicine Meets Decision Making, Toward Active Prevention with WEMountain

Join Dominique Perret, voted best freeride skier of the century and WEMountain co-Founder to explore how integrating human factors is transforming mountain prevention into a practical, effective reality. Avalanches and mountain accidents aren't just about snow, they often stem from a cascade of human factors: fatigue, group pressure, cognitive biases, and energy-

Stanage Room

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	<p>management. WEMountain puts these human elements at the heart of its pedagogy: structured e learning combined with terrain training, co designed with doctors, psychologists and mountain specialists.</p> <p>For mountain lovers, adopting this approach means acting upstream, reducing emergency interventions, and improving safety long term.</p> <p>By Dominique Perret You can sign up to this session on the day.</p>	
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14:30 - 15:30	<p>MOUNTAINS AS MEDICINE - FILM SHOWING *</p> <p>This will be a relaxed session. Booking not required</p>	Upstairs at Open House
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15:30 - 16:00	<p>BREAK (30mins)</p> <p>Please allow yourself enough time to grab a refreshment and make your way to your next session</p>	Memorial Hall
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16:00 - 18:00	<p><u>PLENARY SESSION:</u> <u>INTERNATIONAL HYPOTHERMIA DAY</u></p> <p>Chaired by: Chris Imray Session Speakers:</p> <p>Chris Imray - Introduction And Update On Frostbite Management</p> <p>Josianne Gauthier- Delivering an iloprost service</p> <p>Alex Poole- The Canadian experience developing a modern frostbite service</p> <p>Rachel Nygard- The International Frostbite Registry and key questions it might answer</p> <p>Suvash Dawardi- Nepalese Frostbite Experience</p> <p>Sarah Hollis - The International Frostbite Collaboration</p> <p>Herman Brugger - Optimal Treatment Of Patients Suffering From Severe Hypothermia And Frostbite</p> <p>Beat Walpoth- International Hypothermia Day (IHD) & Update on the International Hypothermia Registry (IHR)</p>	 <p>Congress Marquee</p>
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18:00	Thanks and Close of Meeting	
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* Indicates workshops that will be repeated